



PRESENTED BY  Bon Secours

RUN NOW. WORK LATER.

Let's take a break from our to-do lists and celebrate at Hampton Roads' Largest Outdoor Office Party! Our company has created a team for the ADP Corporate 5K presented by Bon Secours, and we want you to join us. Let's run the 5K and celebrate together at the post-race party.

The event will be held on June 18 at 6:45 pm at Town Point Park. As a participant, you will receive a race t-shirt, finisher medal, and two beers (ages 21 & up) with your race registration.

The 3.1 Mile course is for everyone from beginners to avid runners. Once you register, you'll receive a training plan and coach tips to make sure you're ready and confident on race day.

Join our team today to enjoy an evening of celebration, camaraderie, health, and fitness!